

# Richards Healthcare, Inc.

## Post Partum/Nursery Skills Checklist

Name \_\_\_\_\_ Date \_\_\_\_\_

### Post Partum Interventions

Highly Skilled	Skilled	Limited	With Assistance	No Experience
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#### Assessment:

- Bladder distention
- Breast Engorgement
- DVT (deep vein thrombosis)
- Episiotomy
- Fluid balance
- Fundal height
- GI function post anesthesia
- Lochia amount
- Maternal vital signs
- Parental/infant interaction/attachment


#### Perineum:

- Hematoma
- Hemorrhoids


### Interpretation of Lab Results

#### Check Urine For:

- Glucose
- Ketones
- Protein
- Specific gravity


### Equipment & Procedures

- Adult cardiopulmonary resuscitation
- Contraceptive Counseling
- Discharge teaching
- Foster parental-infant interaction/attachment
- Insertion of Foley catheter
- Insertion of Straight catheter


#### Post Anesthesia Care:

- Epidural
- General

Highly Skilled	Skilled	Limited	With Assistance	No Experience

Local  
 Spinal  
 Post Cesarean care


**Teach and Assist with Breastfeeding/Parent Education:**

Latch-on procedures  
 Positioning  
 Use of electric pump  
 Use of manual pump  
 Formula preparation and feeding  
 Infant care restraint systems  
 Infant caretaking skills  
 Perineal care  
 Sitz bath


**Care of the Patient With:**

Asthma  
 Cardiac disease  
 Cesarean section  
 Diabetes mellitus  
 Infectious disease  
 Known substance abuse  
 Multiple births  
 Post tubal ligation  
 Pregnancy induced hypertension/preeclampsia  
 Spontaneous vaginal delivery


**Medications:**

Antibiotics  
 Diluted oxytocin infusion  
 IM administration  
 Rhogam administration/teaching  
 SC medications, including narcotics


**Normal Neonatal Care**

**Assesment:**

Ballard scale  
 Circumference  
 Dubowitz scale  
 Length  
 Neonatal jaundice  
 Reflexes  
 Vital signs  
 Weight


**Equipment & procedures:**

Administer injections to neonate  
 Assess circumcision site post op  
 Teach circumcision care to parents

<b>Highly Skilled</b>	<b>Skilled</b>	<b>Limited</b>	<b>With Assistance</b>	<b>No Experience</b>

Bathe infant  
 Culture suspect infectious neonate  
 Discharge procedure  
 Incubator/isolettes

Infant identification

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**Monitor Bladder and Bowel Patterns:**

Obtain urine specimens via specimen bag

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Test stool for blood, reducing substances

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Neonate cardiopulmonary resuscitation

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Phototherapy

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Thermo-neutral environ. to prevent cold stress

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**Phlebotomy/IV Therapy**

**Equipment and Procedures:**

Administration of packed red blood cells

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Administration of plasma/albumin

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Administration of whole blood

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Drawing blood from central line

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Drawing venous blood

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Starting Angiocath IV

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Starting Butterfly IV

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Starting Heparin lock IV

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**Care of the patient with:**

Central line/catheter/dressing

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Peripheral line/dressing

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**Pain Management**

Assessment of pain level/tolerance

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**Care of patient with:**

Epidural anesthesia/analgesia

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IV conscious sedation

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Patient controlled analgesia (PCA pump)

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**I hereby certify that all information provided herein is true and correct to the best of my knowledge:**

**Signature** \_\_\_\_\_

**Date** \_\_\_\_\_





