

# Richards Healthcare, Inc.

## Telemetry & Step-down Skills Checklist

Name \_\_\_\_\_ Date \_\_\_\_\_

### Cardiovascular

Highly Skilled	Skilled	Limited	With Assistance	No Experience
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*Assessment:*

- Auscultation (rate, rhythm)
- Heart sounds/murmurs
- Pulses/circulation checks


*Interpretation of lab results:*

- Cardiac enzymes/isoenzymes
- Coagulation studies


*Equipment and procedures:*

Monitoring/telemetry

- Arrhythmia interpretation
- Basic 12 lead interpretation
- Lead placement: 5 electrode tele
- Lead placement: I, III, V-leads
- Lead placement: Lead II adnf MCL


Pacemaker

- Permanent
- Temporary epicardial wires
- Temporary external pacing
- Temporary transvenous


Assist with

- Arterial line insertion
- Central line insertion


Hemodynamic Monitoring

- A-line (radial)
- CVP monitoring
- Femoral artery sheath removal
- Swan-Ganz


Preform

- Controlled cardioversion
- Emergency defibrillation


*Care of patient with:*

- Abdominal aortic bypass
- Aneurysm
- Angina
- Cardiac arrest




	Skilled	Skilled	Limited	Assistance	Experience
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- Care of patient with chest tube
  - Assist with set-up & insertion
  - Mediastinal tube removal
  - Pleural tube removal
  - Use of Pleurevac or Thoraclex
  - Use of water seal drainage system


- Chest physiotherapy
- Establishing and airway
- Incentive spirometry
- O2 therapy & medication delivery systems


- Ambu bag and mask
- ET tube
- External CPAP
- Face masks
- Inhalers
- Nasal cannula
- Portable O2 tank
- Tracheostomy
- Transtracheal cannulation
- Oral airway insertion

*Care of patient with:*

- ARDS
- Bronchoscopy
- COPD
- Fresh tracheostomy
- Lobectomy
- Pneumonectomy
- Pneumonia
- Pulmonary edema
- Pulmonary embolism
- Status asthmaticus
- Thoracotomy
- Tuberculosis


*Medications:*

- Alupent (Metaproterenol sulfate)
- Aminophylline (Theophylline)
- Brokosol (Isoetharine hydrochloride)
- Corticosteroids
- Ventolin (Albuterol)


**Neurological**

*Assessment:*

- Cerebellar function
- Cranial nerves
- Glasgow coma scale
- Level of consciousness
- Pathologic reflexes

<b>Highly Skilled</b>	<b>Skilled</b>	<b>Limited</b>	<b>With Assistance</b>	<b>No Experience</b>	



Gastrostomy tube  
 Jejunostomy tube  
 PPN (peripheral parenteral nutrition)  
 TPN and lipids administration  
 T-tube


*Care of patient with:*

Bowel obstruction  
 Colostomy  
 ERCP  
 Esophageal bleeding  
 GI bleeding  
 GI surgery  
 Hepatitis  
 Ileostomy  
 Inflammatory bowel disease  
 Liver failure  
 Liver transplant  
 Pancreatitis  
 Paralytic ileus  
 Whipple procedure


**Renal/Genitourinary**

*Assessment:*

A-V fistula/shunt  
 Fluid & electrolyte balance  
 Interpretation of BUN & creatine


*Equipment & procedures:*

Insertion & care of straight and Foley catheter

Female  
 Male


Supra-pubic  
 Bladder irrigation  
 Continuous  
 Intermittent


Specimen collection  
 Routine  
 24 hour


Nephrostomy tube care  
 Manual CAPD administration  
 Peritoneal dialysis via Automatic cyclor


*Care of patient with:*

Hemodialysis  
 Nephrectomy  
 Peritoneal dialysis  
 Renal failure  
 Renal transplant  
 TURP


**Metabolic**

<b>Highly Skilled</b>	<b>Skilled</b>	<b>Limited</b>	<b>With Assistance</b>	<b>No Experience</b>
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*Assessment:*



Drawing venous blood 

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Starting IV's 

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  Angiocath 

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  Butterfly 

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  Heparin lock 

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Administration of blood/blood products 

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  Albumin/plasma 

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  Cryoprecipitate 

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  Packed red blood cells 

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  Whole blood 

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*Care of patient with:*

  Central line/catheter/dressing 

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    Broviac 

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    Groshong 

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    Hickman 

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    Portacath 

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    Quinton 

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  Peripheral line/dressing 

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**Pain Management**

Assessment of pain level/tolerance 

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*Care of patient with:*

  Anesthesia/analgesia 

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  IV conscious sedation 

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  Narcotic analgesia 

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  Patient controlled analgesia (PCA pump) 

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**My experience is primarily in:**

(Please indicate number of years.)

Cardiac \_\_\_\_\_

Trauma \_\_\_\_\_

Cardiac Surgical \_\_\_\_\_

Neuro \_\_\_\_\_

Telemetry \_\_\_\_\_

Other (please specify) \_\_\_\_\_

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**I hereby certify that all information provided herein is true and correct to the best of my knowledge:**

**Name** \_\_\_\_\_ **Date** \_\_\_\_\_